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## 6. Case Studies & Essays (NMIH104): Structuring, Signposting, Introductions, Conclusions, Sentencing...

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Subject 2018	Assessment	Assessment	Assessment	Assessment
<b><u>NMIH101</u></b>	<b>Week 3</b> Formative Assessment: In-class Presentation	<b>Week 4</b> <b>Online activity</b> Part 1: 700 words  <b>20%</b>	<b>Weeks 9 &amp; 10</b> <b>Group presentations</b> A. Group Interaction B. Written Summary C. Presentation & Referencing <b>30%</b>	<b>Week 13</b> <b>Essay</b> 2500 wds.  <b>50%</b>
<b><u>NMIH102</u></b>	<b>Week 2</b> <b>In Session Quiz</b> Multiple Choice  <b>10%</b>	<b>Week 5</b> <b>In Session Quiz</b> Multiple Choice  <b>10%</b>	<b>Week 10</b> <b>Case Study</b> 2000 words  <b>40%</b>	<b>Exam Period</b> <b>Final exam</b>  <b>40%</b>
<b><u>NMIH103</u></b>	<b>Week 3</b> Formative Assessment	<b>Week 7</b> <b>Essay</b> 2000wds.  <b>45%</b>		<b>Exam Period</b> <b>Final exam</b>  <b>55%</b>
<b><u>NMIH104</u></b>	<b>Week 4</b> Formative Assessment <b>Week 6</b> Multiple Choice Quiz  <b>20%</b>	<b>Week 8</b> Essay 2000wds.  <b>40%</b>	<b>Week ?</b> Nursing Competency Assessment Schedule (NCAS) <b>Satisfactory/Unsatisfactory</b>	<b>Exam Period</b> Final exam  <b>40%</b>



And a case study (NMIH104, NMIH102) is...

A detailed account of a particular individual;  
clinical event; workplace procedure.

The **role** of the Nursing case study is to examine individual variations in patient populations and explore social impacts effecting health care management.

The **purpose** of the case study is to apply & review generalised theoretical principles in a specific context.

The **audience** is usually fellow professionals.



## NMIH104: The case ...

- Mrs Jenkins is a 78 year old woman admitted to hospital with a large skin tear on her left lower leg which is inflamed and not healing.
- Two weeks ago at home, she had a fall in which she sustained the injury.
- She was seen in Emergency, the wound was cleaned and dressed prior to discharge next day.
- She has been readmitted with a wound infection. Pathology has identified a Methicillin resistant staphylococcus aureus (MRSA) infection in the wound. She is in a single room in the medical ward.



# The task – with references for each point

- Discuss the incidence of MRSA infection in Australia. Discuss the difference between Hospital acquired MRSA (nosocomial infection) from Community acquired (CaMRSA).
- Identify possible risk factors that would make a person more susceptible to MRSA and how this relates to Mrs. Jenkins's illness.
- Consider the following in relation to Mr B., his diagnosis and the hospital environment:
  - Hand hygiene
  - Standard precautions
  - Transmitted-based precautions
- For each one:
  - Discuss correct use/implementation.
  - Identify factors in providing nursing care for Mrs Jenkins that may be affected by the use of each.
- Identify & describe roles of the multidisciplinary health care team in caring for Mrs  
Community Registered Nurse, Occupational Therapist



# You will need to ....

*find & describe statistics on MRSA*

- for Australia generally, for Hospital acquired MRSA and for Community acquired CaMRSA

identify risk factors

- that would make a person more susceptible to MRSA and how this relates to Mrs. J.'s illness.

consider

- hand hygiene, standard precautions, transmitted-based precautions for Mrs J, her diagnosis and the hospital environment.

discuss

- how to implement each of the three measures.

*Identify factors*

for providing nursing care to Mrs. J. affected by each method of MRSA prevention.



Identify & describe the roles of the  
multidisciplinary team of the

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upon

Mrs  
Jenkins's  
discharge  
home

Community  
Registered Nurse

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Occupational  
Therapist

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## And its structure should be...?

Generally, the term 'case study' refers more to the assignment question than the assignment format.

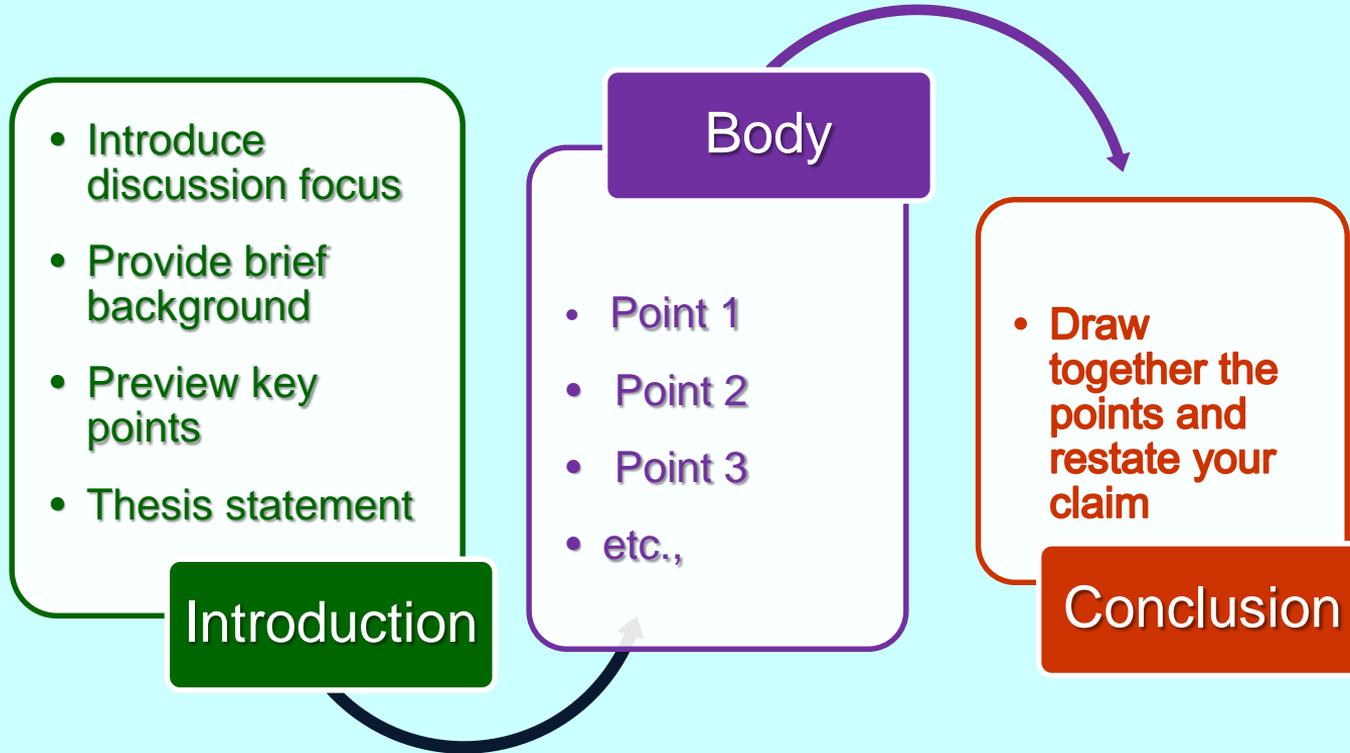
If you are required to answer one, two, or more questions related to a case study example, it is more likely that your assignment will resemble an essay:  
Introduction—Body—Conclusion.

Essays written in response to case studies often share some characteristics of the report format. Information can be organised into sections with headings & recommendations can be made in your conclusion.



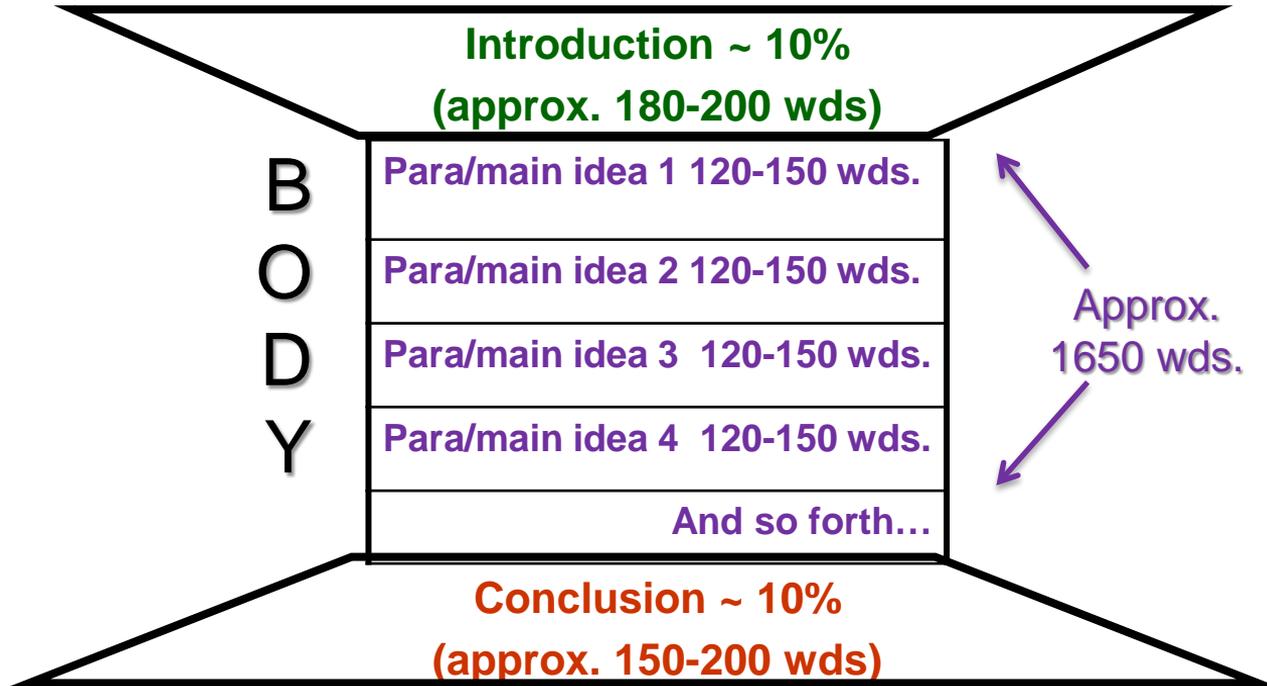
# Structuring an academic discussion

...



# How much is enough?

*For example, a 2000 word essay would be something like ...*





## Is this an effective Nursing essay Introduction?

The inadequate number of Aboriginal health professionals and the closure of birthing facilities in remote areas; the poor retention and lack of cultural understanding of Aboriginal people from white Australians and overseas trained doctors working in the Aboriginal health service? This essay will examine the problems associated with Aboriginal women birthing on country and the spiritual and social dilemmas that arise from having to be transported to regional hospitals to give birth if complications arise. Discussed will be the Canadian midwifery services in remote Inuit communities and the successful birthing programs for their Indigenous population will be used as a model. This model of care for Indigenous mothers and babies incorporates the family care model which in this country has been sadly overlooked for remote communities as a whole.



## *Well ... We can do this:*

The inadequate number of Aboriginal health professionals and the closure of birthing facilities in remote areas; the poor retention and lack of cultural understanding of Aboriginal people from white Australians and overseas trained doctors working in the Aboriginal health service? This essay will examine the problems associated with Aboriginal women birthing on country and the spiritual and social dilemmas that arise from having to be transported to regional hospitals to give birth if complications arise. Discussed will be the Canadian midwifery services in remote Inuit communities and the successful birthing programs for their Indigenous population will be used as a model. This model of care for Indigenous mothers and babies incorporates the family care model which in this country has been sadly overlooked for remote communities as a whole.

***However, the student was advised to rewrite because ....***



# Post-mortem of the Introduction

The inadequate number of Aboriginal health professionals and the closure of birthing facilities in remote areas; the poor retention and lack of cultural understanding of Aboriginal people from white Australians and overseas trained doctors working in the Aboriginal health service? This essay will examine the problems associated with Aboriginal women birthing on country and the spiritual and social dilemmas that arise from having to be transported to regional hospitals to give birth if complications arise. Discussed will be the Canadian midwifery services in remote Inuit communities and the successful birthing programs for their Indigenous population will be used as a model. This model of care for Indigenous mothers and babies incorporates the family care model which in this country has been sadly overlooked for remote communities as a whole.

Sentence is overpacked; information unclear; incorrect use of question mark.

A reasonable **thesis statement** but can be improved.

Again, reasonable, but can be improved.



# Rewritten Introduction

Three issues impacting on quality family-centred care for Indigenous women during pregnancy and birthing are: the lack of readily accessible health care professionals and facilities; the extensive travel and expense of travelling to larger medical facilities when complications occur; and language barriers.

**Strategies to improve health outcomes for Indigenous families will involve attracting and retaining health care professionals who are aware of the need for Aboriginal cultural safety at the fore front of treatment.** In examining possible solutions for the problems facing Australian Aboriginal mothers and babies, Canadian midwifery services in remote Inuit communities will be discussed. Many of these communities have developed successful birthing programmes for their Indigenous populations. These programmes incorporate the family care model which, in Australia, has been largely overlooked as an option for remote Aboriginal communities.

Introduces the topic & specifically identifies core issues.

***Sets up the 'point of view' / position / stance to be argued.***

Provides some context & previews the direction the discussion will take.





## *Recall, too, that the Conclusion.....*

- ✓ Will draw together the key strands of the preceding discussion and
- ✓ indicate how these key ideas support or prove your stated thesis claim.
- ✗ Will not introduce new evidence.



## Introduction



## Linking key themes



## Conclusion

Three issues impacting on quality family-centred care for Indigenous women during pregnancy and birthing are: **the lack of readily accessible health care professionals and facilities; the extensive travel and expense of travelling to larger medical facilities when complications occur; and language barriers.** Strategies to improve health outcomes for Indigenous families will involve attracting and retaining health care professionals who are aware of the need for Aboriginal cultural safety at the fore front of treatment. In examining possible solutions for the problems facing Australian Aboriginal mothers and babies, **Canadian midwifery services** in remote Inuit communities will be discussed. Many of these communities have developed successful birthing programmes for their Indigenous populations. These programmes incorporate the family care model which, in Australia, has been largely overlooked as an option for remote Aboriginal communities.

In conclusion, it is apparent that for decades health policies for Indigenous women at the time of birthing have been inadequate. Paternalistic approaches to obstetric and neonatal care have resulted in a lack of awareness about cultural safety. **The statistics examined in the preceding discussion also strongly indicate the need for more Indigenous doctors and health workers to promote better outcomes for Indigenous mothers and their babies in remote communities** throughout Australia. As I have argued, **sending pregnant women away from their support networks and into the unfamiliar surroundings of a health care system unaware of Indigenous culture, birthing rituals and language can have significantly negative effects for these women and their families.** The Canadian midwifery services for Indigenous women in northern remote communities have been a success for low risk pregnancies and allow Canadian Indigenous women to remain in their townships and give birth, assisted by locally trained registered midwives. Finally, the financial costs to the individual for travel, food, accommodation, phone calls, and so forth, are effectively addressed by **the Canadian model.** Because of all these factors the model presents a valuable solution for those health care issues confronting Australian Indigenous women living in remote communities.

# A complete, grammatically correct sentence requires ...

Essential	Essential	Essential	Optional
Subject (noun phrase)	Verb phrase	Object (noun phrase)	Adverbial
Somebody	broke	the window	last night



# Sentencing: the fragment...

- Sentence fragments are strings of words that have been punctuated as a sentence but are not valid sentences;
- that is, they do not contain all the elements necessary to create a sentence.

*Sentence fragments are usually incomplete ideas*



# Some examples from Nursing essays ...

For example, low levels of education, higher rate of domestic violence, and young maternal age.

Describe and identify community resources to assist in the prevention of injury in the home.



## Completing the idea ...

There are several reasons for this statistical difference; for example, low levels of education, higher rate of domestic violence, and young maternal age.

Before Mrs Wall is discharged it is essential to identify community resources to assist in the prevention of future injury in the home.



On the other hand, you don't want to overpack

...

Ensuring the patients maintaining an airway which  
Mr Beto is clearly communicating ultimately his  
breathing on his own and he has circulation.



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This is called a run-on sentence

Ensuring the patients maintaining an airway which Mr Beto is clearly communicating ultimately his breathing on his own and he has circulation.

It is important to ensure that the patient is maintaining an airway. Mr Beto is communicating clearly, breathing normally and his circulation appears viable.



Any questions? Anything from the last sessions that you'd like to revisit next time we meet?



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# Version History

**Stirling, Jeannette, 2015-2016**

**Stirling, Jeannette, 2015-2016**

**with Priestley, Carol, updates and additions 2017-2018**



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